

**GUIDANCE AND COUNSELLING, 2ND YEAR, COURSE-11(D), UNIT -02,
TECHNIQUES AND PROCEDURES OF GUIDANCE, -----BY RAJU KUMAR
(LECTURE SERIES NO.- 26)**

The Daily Diary

The daily diary maintained by students can also serve as a device for the measurement of personality. The diary, being of a very personal nature, can contain the record of such events, thoughts and feelings as are of great importance to the student. The diary, if properly maintained and made, can serve as a useful medium of throwing light upon many aspect of the personality of the individual. It, being an hour by hour record of the individual, is valuable for showing the general pattern of a student's life, the activities in which s/he is currently engaged regularly, and some of his/her special interests.

HOME WORK (ASSIGNMENT) FOR B.Ed. STUDENTS OF A.N.D.

COLLEGE SHAHPUR PATORY

Notes: a) Write your answers in the space given below.

