

**GUIDANCE AND COUNSELLING, 2ND YEAR, COURSE-11(D), UNIT -02,
TECHNIQUES AND PROCEDURES OF GUIDANCE, -----BY RAJU KUMAR
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Situational or Behavioural Test

It is a test in which the behaviour of the individual is evaluated in action by judges or by his peers or he is confronted with the situations related to his/her own life, in response to which he gives expression to his feelings for other persons. The subject reveals some of his/her personality traits through his preference for or against certain contacts with others and through his/her spontaneous methods of dealing with life-situations that confront him. Psycho-drama and socio-drama are the two techniques of this type.

According to Jennings, “Socio-drama” is an intensive, vivid, living through experience of common concern to the group members’ experience which may have been cut short in life and blocked from full expression, leaving unresolved buried emotional impact. The process aids the individual in mobilizing his resources for behaving spontaneously and discovering his potentialities of expression. Psycho-drama involves the “staging of a situation in which selected members of the group are the spectators.

As the word psycho-drama implies, the individual has to play a role spontaneously in a specified situation. His/her behaviour is observed by trained observers. It is assumed that individuals project their inner feelings and conflicts in the role they play.