

**GUIDANCE AND COUNSELLING, 2ND YEAR, COURSE-11(D), UNIT -02,
TECHNIQUES AND PROCEDURES OF GUIDANCE, -----BY RAJU KUMAR
(LECTURE SERIES NO.- 19)**

Advantages of Interest Inventories

Interest inventories are useful in many ways:

- 1) They are well-adapted to vocational counselling – The student expects his/ her interests to be considered. The interpretation, when given, carries considerable force because the student can see that s/he is looking at himself in a mirror, that s/he is only receiving an analysis of what s/he himself / herself has said.
- 2) They are useful for the counsellor too as they are less fraught with emotional significance. The subject can discuss the interest scores with the counselor freely.
- 3) They are helpful devices for the counselee too – Students do not mind revealing their interests and are eager to have a report of their scores. A promise to interpret scores is an excellent, non-threatening gambit to entice the student into the counselor's office.
- 4) They are economic – They can be given to a group; interpretation of profiles can be carried out in group discussion.
- 5) They provide excellent preliminary information either to further group study of careers or to individual counseling.
- 6) They assist counselor in dealing with many other student problems.